

## Western Newfoundland Iconic Walks | Guided Hiking in Newfoundland

Holiday Duration: 8 Nights



### Overview

Exploring Western Newfoundland on foot is a perfect way to view this beautiful part of the country and your guided tour starts in Gros Morne National Park, one of Canada's top hiking destinations and conveniently close to Deer Lake Airport.

Your experienced local guide will lead you on day hikes to explore Gros Morne Mountain, the Viking settlement which is a UNESCO World Heritage Site as well as an opportunity to see whales and icebergs.

Accommodation on this holiday is typical of the regions and includes stays in two unique Lighthouse Inns on Quirpon Island and at Cape Anguille.

**Talk to one of our experts about how to make this holiday the perfect one for you.**

Here's a day-by-day guide to your itinerary. Feel free to ask us to add other days or ideas and excursions by contacting us directly, so we can give you the best price.

## **Days 1**



### **Halifax**

Fly into Halifax from the UK and overnight before meeting your group tomorrow.

### **1 night Halifax**

## Days 2



### Halifax to Gros Morne National Park

Today you will fly to Deer Lake where your adventure begins. You will meet your guide and a few fellow trekkers, then make the short drive to **Gros Morne National Park**.

Unearthly is the word that comes readily to mind when describing the walk today. **Gros Morne National Park**, a UNESCO World Heritage Site, is home to the **Tablelands**, where the earth's mantle has been thrust up like nowhere on earth, allowing us to roam on a mountain which should be kilometres deep under the ocean. This geological classroom has a view like no other, as you overlook the fishing towns along the shores of Bonne Bay.

The **Green Garden Trail** leads us through remarkable biological and geological wonders which are not equaled anywhere else on earth. This is a gorgeous walk down a park trail to the coast. Wander along the coast, enjoying seastacks, pillow lava, wild meadows, a sea cave and semi-wild sheep.

### **1 night Gros Morne National Park**

## Days 3



### [Gros Morne National Park](#) to Quirpon Island

Visit the only **Viking site** on this side of the Atlantic. Ten centuries ago, long before Columbus set sail, the Vikings landed in North America at this spot. The factors that led this culture to inhabit and then desert the settlement will set your imagination afire. No wonder it is a UNESCO World Heritage Site.

Your home for the night is **Quirpon Lighthouse Inn**, perched on the tip of an island off the northernmost point of Newfoundland. After being dropped at Grandmother's Cove, your guide will lead you strike along the cliffs toward the inn. They offer balcony seats to the orcas, humpbacks and dolphins that play in the waters below but also keep an eye out for smaller friends including sea otters and seals. For those with an appreciation of the ancient, you will visit sod hut remains from the paleo-Eskimo or Dorset Indian civilizations.

### **2 nights Quirpon Lighthouse Inn**

## Day 4



### Quirpon Island

At the inn, watch the sun rise from the cliffs, helipad or in the indoor whale watching station as you watch the bergs and whales continue their eternal parade. Quirpon Island is the best location in the world for watching **whales and icebergs** at the same time. The unique currents and underwater geography bring an unmatched food source in next to the rocks and the whales aren't far behind. The frigid **Labrador Current** pulls the "vast cathedrals of ice" from the arctic to smash against the rocks.

After breakfast, you will take to the hills, with a walk along the ridge running through the center of the island. The panoramic views are unbeatable – ocean in every direction, an abandoned outpost at your feet, secluded sandy coves. A suitable spot will be found to perch and eat your picnic lunch!

For those that feel the urge to visit an iceberg or share the water with a whale, a zodiac tour takes you out to view the whales and icebergs.

## Day 5



### Quirpon Island to [Gros Morne National Park](#)

Today you will explore an amazing walking route along the northern tip of Newfoundland. This **"Iceberg Trail"** takes you to the best viewpoints, through abandoned outposts and into thriving fishing villages where you can chat with the locals on the wharf and enjoy a tasty reward.

After a beautiful coastal drive south, an evening of theatre to see for yourself why Newfoundlanders are known as the friendliest and funniest people on earth.

### 1 night Gros Morne National Park (north side)

## Day 6



### [Gros Morne National Park](#) to Steady Brook

Not since you flew in have you been as high as you will be today on **Gros Morne Mountain**. The trail today takes you to the summit where the views are breathtaking. No restaurant can match the ambience of picnicking at the top of 2,500-foot cliffs as you spot moose, caribou and black bears wandering below.

Sound daunting? Not to worry, there are options that offer great views without hiking all the way to the top. And, at the end of the day, a luxurious resort with an amazing restaurant, pool, sauna and every other reward you deserve.

## **1 night Steady Brook**

### **Day 7**



## **Steady Brook to Cape Anguille**

The mountains that overlook the **Bay of Islands** outside Corner Brook are remarkable for their ruggedness. **Copper Mine Cape** is a challenging hike near York Harbour. It is a section of the **International Appalachian Trail**, which was explored up north. The trail takes you 2,000 feet up, to a beautiful view overlooking the aptly named **Bay of Islands**. The bay was named by Captain James Cook, which he then echoed by giving the same name to a bay in New Zealand. The effort required to make it to the top of the **Blow Me Down** mountains is well worth it for the spectacular view!

After your workout on the trail, you head to your home for the night – **Cape Anguille Lighthouse Inn** – and watch the sun dip into the ocean. The inn is a restored century-old lightkeeper's home surrounded by the Atlantic, where horses and sheep wander at will through the meadows.

## **2 nights Cape Anguille Lighthouse Inn**

## Day 8



### Cape Anguille

The southwest corner of Newfoundland features rolling hills that are an irresistible invitation to see what is on the other side. Avid birdwatchers will be made speechless by the variety of birds on display in this internationally recognized birding hotspot. Those that simply love nature will enjoy the eagles patrolling the cliffs and the silhouette of osprey carrying fish to their young as the sun sets in a limitless sea. Time to gain a little altitude as you walk the **Starlite Trail**. The **Annieopsquotch hills** offer a panoramic view of the Codroy Valley in one direction and a breathtaking drop to a pond behind you. The valley that beckons is covered with long alpine grass that traces each breath of wind. Some days the air is so clear you can see St. Paul's island off Cape Breton.

After stretching your legs on the trail, you will head back for your second night at **Cape Anguille Lighthouse Inn** and watch the sun dip into the ocean.

## Day 9

### Cape Anguille to Deer Lake

Today, your hiking adventure comes to an end, and you will be transferred back to Deer Lake airport. From here, you can fly back to Halifax and on to the UK or stay and explore more of Newfoundland or other Atlantic Provinces.





**If you are interested in a holiday to Canada please contact us on 020 8776 8709 to discuss your plans with a Canada expert, or send an email to [canada@frontier-travel.co.uk](mailto:canada@frontier-travel.co.uk) with your requirements and we will put together your ideal itinerary and quotation. Let us take you there.**



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